Volume XXVI Issue IX

Monthly Meeting A TRIBUTE TO LES PAUL

Activities

THE MEMBERSHIP MEETING THIS MONTH HAS BEEN MOVED TO THE 3rd TUES-DAY – SEPTEMBER 18, 2012

his is due to a schedule conflict at the church. The presentation this month will be a Tribute to Les Paul given by Charlie Carreras. Les Paul and his wife Mary Ford gave weekly radio performances from their home in Mahwah. The meeting starts at 1pm as usual. Come early and bring a brown bag lunch and enjoy the AU GUYS band music and conversations with your friends at AU. Free AU 25th Anniversary coffee mugs will be available for those who did not receive them previously. Extra mugs will be available for those who would like them.

The A.U. Guys Band will be performing at the <u>free</u> Bergen County Annual Senior Citizens Picnic at the <u>NEW</u> Overpeck County Park in Ridgefield Park, NJ. The event will be held on Wed., Sept. 12, 2012 from 10:00 AM to 3:00

PM. (Rain date Wed., Sept. 19, 2012) In addition to the musical entertainment, there will be seniors' information, craft fair and complimentary lunch.

Approximately 3,000 seniors are expected.

Come on out and enjoy an afternoon and support the "Guys".

John DeSantis

JOE'S JOTTINGS

Unlimited

wanted to bring to your attention a simple initiative which could make our organization more effective.

Our monthly Newsletter is currently sent to 343 members. Of these, some 151 copies are mailed and some 192 are sent electronically. The cost of mailing the 151 copies is \$138.00 per month.

Our dues facilitate several worthwhile initiatives. All of the members of the AU Board are dedicated to making our revenue work as hard as possible to enable our organization to work for you.

Every copy of the newsletter mailed to a member drains important funds which we could put to better use.

I fully realize that some members must have a hardcopy for visual reasons. Some do not have an online capability. However, if we could reduce our mailing costs by half, this would place needed funds into needed areas.

Our intention is, certainly, not to take mailed copies away from those who need them. We are just trying to make our organization as effective as possible.

Please consider this appeal. If you possibly could use an electronic copy of our newsletter, please contact:

Edwin Schlachman 973-423-1459 edandjune@aol.com

Reminders

Nyone planning to go on the Oct 3, 2012-Mount Airy Lodge trip, remember to bring a photo ID with you.

I n November 2012, **Frank Conte** will conduct another AAA Driver Safety Class...see the October Newsletter for details.

The Deadline for the September Newsletter articles is September 26, 2012. Please remember to use my new email address:

lguarneri03@gmail.com Or mail to: Lou Guarneri 128 MacLeish Court, Mahwah, NJ 07430

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	Officers		Meeting	
President	Joe Kelly	891-8026	2nd Tue 11am	A
1st Vice-Pres.	Frank Nusspickel	891-9099		
2nd VicePres.	cePres. Don Wasson			
Secretary	Joe Meighan	891-4909		_
Treasurer	reasurer Herb Umland			
Asst. Treas.	Jim Jeffers	891-9603		8/1
	Committees			0/1
AU Guys	John DeSantis	447-0256		8/8
Book Club	-		Wed after the AU General Meeting 9:30	8/1
Dup. Bridge Rub. Bridge	Joe MacDougall Wes Cheringal	891-4048 848-8009	Wed 1 pm M,F 1 pm	8/2
Digital Camera	Ed Trerotola	236-1368		
Care-Concern	Joe Clinton Paul Hennion Don Martin	447-2261 891-4716 891-2279		
Chaplain	Rev. D. Bach	891-1782		
Chess	Bill Schultz	891-5327	3rd Thru 9:30	
Gardening	Joe Lamela	327-8137	1st Wed.10:00	
Golf	Bruno Bissetta	891-7567		
Hiking	Don Kirkpatrick	337-5666	Mon 9:00	
Historian	Dom Manobianco	891-7185		
Investment	Herb Umland	891-6638	2nd Thru 9:30	
Model RR	Lou Guarneri	847-1981	Wed. 7PM	T
Membership	Dick Gattoni	652-0064		
Newsletter	Lou Guarneri	847-1981		-
Project Outreach	Marty McGonigle	529-1941		
Photographer	Chuck Bainbridge	447-2910		
Public Disc.	Walt Widmer	562-8666	4th Fri 9:30	
Refreshments	Hank Boucher Frank Turi Andy Grace	445-2633 973-513-9117 337-4360		1/ in tr
Science	Jack Yurasek	337-4433	3rd Tues 10.00	Н
Skiing	Bud Brooks	327-6649	Snow	P B
Sponsor Liaison	Mike Wolff	891-4426		po L
Stock Market	Ramon Casaprima	891-3394	2nd Tues. 9:00 4th Tues. 9:00	0
Tennis	Dom Manobianco	891-7185	MWF	P lc
Transport.	Ron Miller	891-5734		n co
Trips/Tours Lou Guarneri George Lewis		847-1981 891-5883	2nd Tues 10:30	tr

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Duplicate Bridge Results

	1st	2nd	3rd
NS	Sileo/Green	Coughlin/Reed	Desroeiers/Verdi
EW	Mahmarian/Foley	Warner/Wiest	McGuire/Cnapman
NS	Milcos/Green	Freimuth/Lewis	Foley/Socolof
EW	Desrosiers/Riccardi	Finn/Mahmarian Page/Coughlin	—
NS	Warner/Mahmarian	Smith/Wiest	Meloro/Socolof
EW	Page/Reed	Cheringal/Verdi	Riccardi/Finn
NS	Meloro/Martin	Freimuth/Chapman	Cheringal/Socolof
EW	Mahmarian/Reed	Desrosiers/Levin	Finn/Warner

The Golf Club



AU BEATS HOBBYISTS FOR 4 0F 5



n August 14th, a cloudy showery day, 32 AU golfers went up against an equal number of the Hobbyist's finest in the annual tournament between the two preeminent men's' clubs in Bergen County. The setting was the Wallkill Golf Club and the match resulted in a 9-1/2 to 6-

1/2 victory for the home team. This marked the fourth win for AU in the tournament's five-year history and means that we retain the trophy for another year. Wins (1 point) came from the teams of **Haring/Putt, Leonti/DesRosiers, Gornell/T.Wolff, Mallen/ Pashman, Corallo/Harris, Weingartner/DiPiazza, DeWitte/ Brandes** and **Coyle/Martini**. All important ties (1/2 point) were posted by the teams of: Luongo/Campi, Grimley/Cappello and Lynch/Cheringal. Thus the final total of 9-1/2 points. Joe Luongo produced both the low gross and low net for AU while Walt Perog had the low gross for the Hobbyists and Mike Doherty the low net. Of special note was Jerry Lynch's eagle 3 on the par 5 number 12 hole leading to his lowest round ever!..... congratulations Joe, Jerry and all the other 30 members that con-

congratulations Joe, Jerry and all the other 30 members that contributed to an outstanding event.

Marty McGonigle

Welcome New Members						
Name (Spouse)Address		Employment	Interests	Home/Email		
Robert K. McAdams	130 Wyckoff Ave Wyckoff, NJ 07481	Arrow Graphics VP Sales	Bridge and Trips and TYours	(201) 652-0058 Cell: (201) 914-2217 hobieO/mcadams@AOL.com		

Duplicate Bridge Results

Following are the scores for the top 15 players for the First Half of 2012 This is an average of best 26 scores for those with at least 13 events played

	Played	Average	Highest Scores	Lowest Scores
1 Jim Reed	22	53.79%	65.00% 63.50% 62.50%	46.63% 45.37% 43.75%
2 Joe MacDougall	23	53.10%	65.74% 65.00% 62.67%	43.45% 41.00% 35.67%
3 Quent Wiest	23	52.99%	65.74% 60.00% 57.64%	47.33% 44.64% 42.50%
4 Bill Milcos	21	52.09%	61.33% 60.00% 59.67%	46.76% 46.43% 45.67%
5 Rich Green	22	51.74%	66.33% 63.33% 62.96%	44.00% 40.28% 40.18%
6 Joe Riccardi	23	51.69%	63.94% 62.50% 60.36%	41.79% 40.00% 34.50%
7 Dick Freimuth	19	51.45%	63.94% 62.20% 60.19%	41.79% 40.00% 34.50%
8 Jim Finn	24	51.20%	65.28% 62.96% 62.08%	45.33% 42.50% 40.00%
9 Tom Meloro	18	50.97%	61.00% 59.00% 58.75%	42.59% 40.71% 37.50%
10 Don Martin	22	50.90%	57.14% 56.67% 56.33%	45.67% 44.33% 43.98%
11 Murray Socolof	20	50.55%	59.00% 56.48% 56.25%	45.42% 41.38% 39.58%
12 Bill Smith	23	50.18%	61.33% 59.58% 58.75%	44.33% 42.59% 37.33%
13 Charlie Page	25	50.09%	63.50%60.00%59.64%	41.38% 37.50% 37.08%
14 Jack Coughlin	21	49.98%	63.33% 60.19% 59.67%	42.08%42.00% 39.50%
15 George Lewis	19	49.58%	60.19% 59.64% 58.00%	41.38% 40.00% 29.64%

n September 5, 2012, The Garden Club will meet at the WRC CONFERENCE ROOM at 10 AM.

AGENDA:

- * SHOW & TELL SUMMER GROWING SEASON EXPERIENCES
- *: REVIEW TRIP DISCUSSIONS, OLD AND NEW
- * MORE HYDROPINICS IN OUR FUTURE?
- * ANY NEW HOME GARDEN SERVICE VENDORS RECOMMENDATIONS?
- * COMMUNITY FARMER'S MARKET, EXPERIENCES COMMENTS

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The Garden

Club





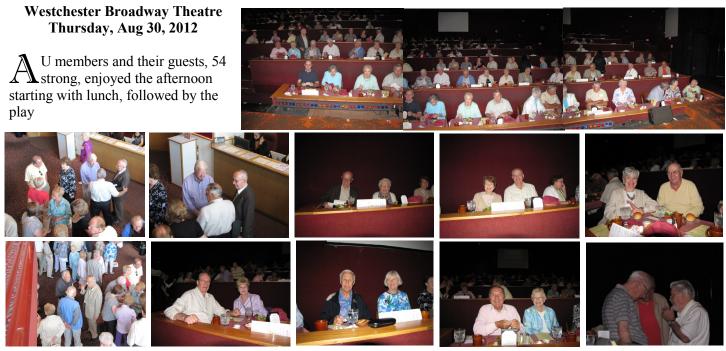
The first S/C meeting of the fall will be n Tuesday, September 25th, 2012 at 10:00 AM on the second floor of Heneveld Hall. Peter Griffin will give a talk on Population Growth problems (from 7 billion on earth now to 9 billion by 2050), with implications on Environmental issues, Fuel, Food, Potable water, and Jobs. Peter will update information from his presentation several years ago, and the information promises to be challenging.

On the first Saturday in October (10/6), the Science Club will visit the Lamont-Doherty Earth Observatory in Palisades, NY (close to Alpine, NJ), for its annual Open House. Several members of the S/C have attended the Open House previously, which includes opportunities to view exhibits and speak to professors etc., and they have indicated the trip is a 'must see/return'. The trip will be by private car, with the exhibits starting at 10 AM. Information on directions and driver volunteers for the trip will be set up at the September 25th meeting.

During November, probably the first Thursday (11/1/12) a trip is planned to the Liberty Science Museum. If interest is sufficient, a Bus Trip can be arranged. Information and sign-up Sheets for the trip will also be available at the September 25^{th} meeting.

In December, at the regular AU Monthly Meeting scheduled for Tuesday, Dec 11, Dr. Ronald Cauchard (an Optometrist whose Office is in Wyckoff) will update us on current testing approaches associated with Cataract and Glaucoma eye issues. Dr. Cauchard's talk will emphasize 'early detection' of these problems, which are of special importance for seniors. He will also discuss new type sophisticated computer controlled diagnostic tools.

Note that we still need volunteers to give S/C talks. Bob Saletta distributed useful and practical information on methods to prepare a talk at our May meeting. Bob has an extensive collection of 'Teaching Company' DVDs (with supporting text) which can be used for a presentation, and he would like members to contact him for their use. Again, thank you to all those who helped this past year, and please contact me if you have ideas for future talks and suggestions to improve the Science Club. JACK YURASEK (201-337-4433)



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ACTIVITIES UNLIMITED WEBSITE

O ur member, **Don Kirkpatrick**, has been working with the Board of AU to create a new website for Activities Unlimited. This website will replace our existing one (yes, we did have one) and it promises to be very useful for our members and to recruit new members. It is very much a work in progress but the basic format is there for members to see. It can be accessed at <u>www.activitiesunlimited.org</u> or through Google by searching for "activitiesunlimited.org"

Briefly, there is a Home Page that will have some general information and current news items. Across the top of the Home Page are links to other sections for "Activities", a "Calendar" of scheduled events for the month, the "Newsletter" with current and past editions, "Trips & Tours" for their events, "Membership" with a membership roster (available only to members), and a page to "Contact Us" to be used by members and non-members.

The next major undertaking will be to work with the committee / club chairmen to populate the website for each activity so that it meets the needs of each of the activities. It can be used to publish events, both past and future, including pictures and other information. Trips and Tours will be able to publish future events and include a link to other sites for more information on planned tours. Pictures of past trips and tours can also be included.

The above is only a brief introduction to the possibilities of the website. Don has done a great job so far but we will need the help of other members to make it a first class website. Everyone is invited to visit the website. Comments and suggestions <u>are encouraged</u> and can be discussed with **Frank Nusspickel** (201-891-9099) or any member of the Board.

When further developed, we will have a full presentation of the website at a future membership meeting with a walkthrough on how to use it. Let's work together to make this a truly great and useful website.

Physical Exercise

I have discovered the TNT Bootcamp, an exercise facility in Oakland run by two ladies to help thirty/forty something's to keep in shape. For the purpose of full disclosure, these two ladies are friends of my children and I have known their families and them since they were teenagers.

They have kindly agreed to teach me age appropriate (seventies/eighties something's) exercises and give me nutrition counseling. I exercise for one hour three times a week on alternate days and I have changed my eating habits a little. After three months, the results are more or less one-pound weight loss a week and a couple of inches off my waistline. Moreover, my sugar level and blood pressure are again within the normal guidelines. My balance and strength have increased considerably. As old age is creeping up on us, the doctors keep prescribing more pills after every visit. I have better results with just a little sweat and more careful eating (not less, just a little different).

My one on one workout obviously costs a little more money, but I still consider it worth the result I have achieved. If we could get a dozen or so people to take part, the individual price would become reasonable. This program is appropriate for both men and women, therefore please show this to your ladies. The younger group has a lot of fun; hence, I could imagine that doing this workout with a group of friends will be a lot of fun too.

Call me if you want to learn more about this opportunity so we can arrange an appointment with the ladies. The basic idea is simple: Do you want to spend your eighties as an invalid, or do you want to keep your strength and mobility to enjoy life?

Werner Kofler 201 445 7786

AU GOLF TRIP TO PENNSYLVANIA



O n August 8th fourteen avid AU golfers set out for a relaxing three-day trip to the Keystone state to chase a white ball and, perhaps, some fantasies. The golfing resulted in some nice prize monies for **Dick Grimley** and **Guy Cappello** from the gold tees and **Herm Brandes**, **Bob "Feathers" Davidson, Bill DeWitte** and **Joe Luongo** from the white tees. While rain washed out the third round, it didn't dampen the spirits of the participants

as much fun and laughter took over our evening meals at Bucca de Beppo where a new Pope was crowned (Pope Grimley is shown on his throne) and the second night at the upscale Cosmopolitan where stories about the day's golf antics were liberally tossed about in undoubtedly exaggerated fashion. The hearty crew vowed to return next year and most likely will be even greater in number. The trip also served as a good warm-up for the following week's tournament against the Hobbyists which resulted in another win for AU.

Marty McGonigle

Investment Study Group

The first meeting of the Fall will be on Thursday September 13th at the Wyckoff Reformed Church at 9:30AM

We will have a Roundtable Discussion among ISG members on expectations for the Stock Market thru 12/31/12 and the possible impact election results may have.

I have invited Mark Cortazzo, a CFP, Insurance and Securities broker and founder and the Senior Partner of MACRO Consulting Group, headquartered in Parsippany, NJ. Mark spoke to our Investment Study Group in May, 2011 and was very well received by all who attended.

Mark has gained recognition and was ranked the # 1 Independent Advisor in New Jersey on Barron's "Top Advisor "list for both 2011 and 2012. He has also been named to many other top advisor lists including Fortune, Worth and Registered Rep. He has been sought out by Barron's, the Wall Street Journal, Kiplinger's, Bloomberg Personal Finance and The New York Times for comments on various financial issues. He has been on Fox Business, CNBC's Business Day and Consuelo Mack's "Wealth Track; on PBS.

The discussion will be between AU members on these topics with Mark joining us as a "guest" professional to add to and contribute to member's comments and ideas.

Please call or contact Herb Umland with comments or questions! humland@optonline.net Dubrovnik and Beyond May 10, 2012



Trips, Tours & Special Events Calendar

Checks for these events, payable to Activities Unlimited accepted at the monthly meeting.

Thursday September 20, 2012—Wine and Appetizer Social at the Brookside Manor Clubhouse, which is about 5 minutes from the WRC (Wyckoff Reformed Church). There will be some wine tasting and plenty of appetizers (Shrimp, Chicken, Swedish Meat Balls, Pigs in a Blanket, just to name a few, plus beer & soda). No one will leave hungry. It will run from 6:00 PM to 9:00 PM. The cost is \$37.00 pp. This social will be limited to 50 people because of the size of the clubhouse. Please sign up ASAP to reserve your place for this party. Make checks payable to Activities Unlimited no later than September 1st, and send them to **George Lewis**, 45 Walnut Street West, Mahwah, NJ 07430. (201) 891-5883 **Directions**: Take Wyckoff Ave to intersection of Forest and Pulis, turn onto Forest Rd, go 1/2 mile turn right onto Storms Drive, take 3rd right into Brookside Manor Clubhouse.

Wednesday Oct 3, 2012-Mount Airy Lodge---- MYSTERY SHOW, at Mt. Airy Casino. PA. The Show is Grandpa Tony's Funeral. This original comedy takes place at a Mafia Godfather's funeral. Audience members enter thru a metal detector, offer their sympathies, and act as pall bearers. Tony was shot and rumor has it the killer is at the funeral. The real question is who will be the next Don? The cost for this trip is \$40. pp. and includes the Bus, a Buffet, the Mystery Show and \$25. in slot play. The casino requires a photo ID for the \$25.00 in slot play. Make checks payable to AU and mail to Larry Restieri, 105 Fisher Rd. Mahwah, NJ 07430. (201-825-5843). The Bus will leave WRC at 9:15 am and return after the show.

Tuesday, October 23, 2012: OCTOBERFEST at Platzl Brauhaus in Pomona, NY. A day of Music, Dancing, Entertainment and, of course, Food. On arrival as a starter: Coffee, Tea, Scones and Donuts. For Dinner at noon there is Barley Soup, Salad, Rolls, Bread & Butter, followed by a choice of Roasted Half Chicken, Roast Pork or Sauerbraten, Potato and Vegetable. Also served Family Style: Bratwurst, Spare Ribs, Red Cabbage, Sauerkraut, Applesauce and Fresh Apples. Ice Cream, along with Coffee and Tea, Beer, Soda and Apple Cider will be served from Noon to 5PM. At 4 PM there is a Steamship Roast from the Carving Table, Pretzels, Coffee & Tea. We drive ourselves or carpool to Platzl's, which is only about a 20 minute drive from Wyckoff. Driving directions will be in a later edition of the Newsletter. \$44 per person. **Dick Botta**, 413D Bromley Place, Wyckoff, NJ 201-848-9001

Nov-Grand Chalet-Dinner and Dancing

Monday-Dec 17, 2012– Christmas Party

2013 Thoughts: Newport-Boston 3-5 day trip Valentines Dinner—Dance Newark spring trip

AARP TAX-AIDE SEEKS VOLUNTEERS FOR 2013 TAX SEASON

W e are again seeking the aide of AU members who are willing to serve as volunteers in the AARP Tax Aide Program.

AARP Tax-Aide volunteer run tax preparation and assistance service is seeking volunteers to help primarily low income New Jersey taxpayers who are seeking assistance in preparing and filing their 2012 tax returns.

Volunteers do not need to be an AARP member to participate. Computer proficiency is necessary. Willingness to use your own personal laptop in the preparation of tax returns would be helpful and appreciated.

AARP Tax-Aide volunteers receive free tax training and are reimbursed on a limited basis for qualified program related expenses. They help taxpayers at various sites in the Passaic County area. This could not be done without the help of volunteers who make an indelible mark on those communities that they help. You will find the work of assisting people of limited means to be rewarding and fulfilling



First-Class Mail